

### Trial Design Considerations in Developing Pediatric Master Protocols

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# Background

- Up to 40% of pediatric trials fail to establish safety or efficacy and result in a labeled indication for pediatric use
- Trial Design Challenges
  - Inappropriate endpoints
  - Placebo effects
  - Feasible designs for small populations



# Objectives

- Review efficacy/response endpoints measured in pediatric clinical trials since 2007, and highlight issues that should be resolved prior to a master protocol
- Discuss placebo considerations in pediatric trials
- Hypothesize trial designs that may be amenable to the use of a master protocol in the pediatric population



### Endpoints in Pediatric Efficacy Trials

- Efficacy endpoints that are well-defined, reliable, and interpretable are critical to trial success
- The use of inappropriate or unvalidated endpoints in pediatric trials has led to trial failure
- Endpoints used in adult trials may not always be suitable for pediatrics
- Characteristics of the endpoint may influence trial outcome

### Survey of Endpoints in Pediatric Efficacy Trials (FDAAA 2007 – 2012 & FDASIA 2012 – present)\*\*



	FDAAA	FDASIA	Total
Total Trials	133	103	236
Total Unique Drugs	83	68	138

Trial Outcome	FDAAA (%)	FDASIA (%)	Total (%)
Success	75.9	77.7	76.7
Failure	24.1	22.3	23.3

\*Inconclusive trials were considered to have failed

Label Outcome	FDAAA (%)	FDASIA (%)	Total (%)
Approved	83.5	74.8	79.7
Not approved	16.5	25.2	20.3

\*Drugs approved in a subset of the full age range studied were considered to have been approved



#### Analgesia/Anesthesia Anti-infectives Allergy Antivirals 100% 75% 50% 25% 8 2 15 Δ 10 5 16 19 4 4 0% Cardiology-Renal Gastrointestinal & Inborn Errors Dermatology Hematology Studies 100% 75% 50% 25% 3 10 4 3 1 4 0% Approved Percentage of Oncology Metabolic-Endocrine Neurology Ophthalmology Not Approved 100% 75% 50% 25% 2 2 5 10 11 6 2 3 0% Psychiatry Pulmonary Rheumatology 100% 75% 50% 25% 7 13 2 4 3 17 6 13 0% FDAAA LDASIA FDAAA LDASIA FDAAA LDASIA

#### Label Outcome by Therapeutic Area\*\*



# Endpoint Characteristics\*\*

Endpoint Type	FDAAA (%)	FDASIA (%)	Total (%)
Subjective	43.6	41.7	42.8
Objective	46.6	52.4	49.2
Both	9.8	5.8	8.1
Endpoint Type	FDAAA (%)	FDASIA (%)	Total (%)
Endpoint Type Clinical Outcome	<b>FDAAA (%)</b> 46.6	<b>FDASIA (%)</b> 36.9	<b>Total (%)</b> 42.4
Endpoint Type Clinical Outcome Surrogate	<b>FDAAA (%)</b> 46.6 42.9	<b>FDASIA (%)</b> 36.9 54.4	Total (%) 42.4 47.9



#### Study Endpoint Type by Therapeutic Area\*\*





### Trial Outcome by Endpoint Type\*\*



\*\*Represents preliminary data

**Trial Outcome** 

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# Combined Adult & Pediatric Trials\*\*

- 44 drugs were studied in combined adult & pediatric trials
- Most frequent therapeutic areas:
  - Allergy (e.g. allergic rhinitis)
  - Dermatology (e.g. acne)
  - Pulmonary (e.g. asthma)
  - Oncology (e.g. ALL)
- When the disease in pediatric patients and adults is the same, this is a reasonable approach for master protocols

\*Trials that enrolled patients less than and greater than 18 years of age were considered combined trials



#### Trial Outcome for Combined vs. Separate Studies\*\*



\*\*Represents preliminary data

**Trial Outcome** 

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# Comparison of Adult and Pediatric Endpoints\*\*

Adult Endpoint	FDAAA (%)	FDASIA (%)	Total (%)
Same as Pediatric	63.2	57.3	60.6
Different than Pediatric	36.8	42.7	39.4

\*Endpoints were considered different when the outcome measure was different and/or when the time point of measurement was different



#### Trial Outcome by Same Endpoint Used\*\*



\*\*Represents preliminary data

**Trial Outcome** 



### **Consistency in Endpoint Selection\*\***

- Total of 66 indications studied across 236 trials
- For 42% (28/66) of the indications, at least 2 or more drugs were studied [median 2.5; range 2-16]
- For 80% (22/28) of the indications, the endpoint and/or time of measurement differed across the various drug trials for that indication
- Consensus by the sponsors and regulatory agencies on the optimal efficacy endpoint for a given indication is an important step prior to developing a disease-specific master protocol



# Placebo Use in Pediatric Trials

- There are ethical constraints for the use of placebos in pediatric research
- High placebo responder rates in children have been problematic in previous drug development trials (e.g. MDD, migraine)
- Placebo response in pediatric patients in US may differ from other parts of the world (e.g. Europe)



#### Pediatrics Adults

**Source:** CDER Rounds. Review of Migraine Therapeutics in Adolescents: An Example of Failed Pediatric Trials. HaihaoSun MD, PhD



# Placebo Use in Pediatric Trials (cont.

- Large placebo effects limit the ability to detect effective therapies
- Understanding factors contributing to placebo response is critical
- Strategies for reducing placebo response rates should be considered



Two-Stage Double-Randomization Design

\*Sun H, Bastings E, Temeck J, et al. Migraine Therapeutics in Adolescents: A Systematic Analysis and Historic Perspectives of Triptan Trials in Adolescents. *JAMA* Pediatr. 2013;167(3):243-249



### Trials Designs Appropriate for Small Patient Populations

- Many trial designs may be amenable to master protocols
- Selection of designs that are feasible and efficient in pediatrics is key (due to small populations, recruitment challenges, etc.)
- Examples of randomized, comparative trial designs with potential for master protocols:
  - Parallel
  - Cross-over
  - Randomized withdrawal
  - Adaptive





- Master protocols have potential for use in pediatric product development – but the details are very specific to the disease process;
  - Certain therapeutic areas remain problematic for pediatric trial success; so master protocols in these areas may be difficult at this time
  - When endpoints measured in adults vs. pediatrics were different, fewer trials were successful
  - Understanding the disease process and selecting appropriate endpoints are a critical part of planning for master protocols



### Summary - 2

- Including pediatric patients and adults in a single master protocols may be a reasonable approach when possible
- Strategies for managing the use of placebo in pediatric clinical trials may require further discussion
- Multiple trial designs for small patient populations have the potential to be amenable to the development of master protocols